

# I commit to one simple act...

I will

.....  
*signature (first name only)*



I will wash clothes in cold water. I will install a low flow toilet. I will use my drinking water in the fridge. I will only run the washing machine and dishwasher with full loads. I will turn off the tap while brushing

# One Simple Act will make a big impact!

## WASTE

At least 80 per cent of the materials sent to landfills in Alberta could be recovered. Alberta is guided by the *Too Good to Waste Strategy*, which is working to reverse the trend of disposing of waste into landfills, preferring instead to recycling or recover this 80 per cent. There are actions we can take in our own lives to help us treat waste, not as garbage, but as a resource.

## CLIMATE CHANGE AND AIR QUALITY

Our climate is changing. Alberta's *Climate Change Strategy* focuses on three broad themes of conserving and using energy efficiently, implementing carbon capture and storage, and greening energy production. Reducing our greenhouse gas emissions has co-benefits such as saving money, improving air quality and extending the life of our resources. We can reduce our greenhouse gas emissions by changing the way we use energy and by taking advantage of energy efficient technology.

## WATER

Conserving water will ensure that Alberta will continue to have a reliable water supply in the future. Alberta's *Water for Life Strategy* focuses on having a healthy and sustainable water supply for the environment, for our communities and for our economic well-being. We can be water wise by using water efficiently.

### Check the One Simple Act you have committed to:

- I will compost at home.
- I will use cloth or other re-usable bags when I go shopping.
- I will recycle.
- I will pack a re-usable mug.
- I will replace one regular bulb with a compact fluorescent bulb.
- I will plant a tree.
- I will wash clothes in cold water.
- I will take one fewer car trip a week.
- I will strive to be idle-free.
- I will turn down the thermostat at night.
- I will buy foods grown locally.
- I will reduce stand-by power.
- I will use an energy efficient lawn mower.
- I will maintain my vehicle's tire pressure.
- I will take shorter showers.
- I will install a low flow toilet.
- I will keep my drinking water in the fridge.
- I will only run the washing machine and dishwasher with full loads.
- I will turn off the tap while brushing my teeth.
- I will check my taps and toilets for leaks and repair them if needed.
- Other: I will \_\_\_\_\_

I commit to One Simple Act for \_\_\_\_\_

*length of time*